

Norwescap Career & Life Transitions Center presents:

Cybersecurity Basics Online Workshop



Join Us!

Building Your Cybersecurity
Basics Online

DATE: May 26, 2026

TIME: 3:00 pm - 4:00 pm

LOCATION: Microsoft Teams

Scan to Register



Or Call Today!

(908) 788-1453

Workshop Description

This workshop will cover essential cybersecurity practices, including:

- Creating strong and secure passwords.
- Understanding how multi-factor authentication works .
- The importance of data backups.
- Using anti-virus software effectively.
- What phishing is and how to protect yourself from scams.
- Safe Wi-Fi practices to keep your information secure.
- Q&A session: Opportunity to ask questions and receive guidance.

This session is designed to help you build confidence and stay safe online.



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