

# AgungWell

## EXPO



**SOMERSET COUNTY  
OFFICE ON AGING &  
DISABILITY SERVICES**

**Saturday**

**May 18, 2024**

**1:00 - 4:00 pm**

Senior Wellness Center at Bridgewater • 876 E Main St, Bridgewater, NJ, 08807

### **From Preventative to Home Care Services:**

- Learn about aging well at home, tour our multipurpose senior center, hear from providers, participate in yoga demonstrations, and learn more about the specifics on how the Office on Aging & Disability Services can help support you in the community
- The Expo is designed to enhance our age-friendly community by enabling access to key services and education
- Free admission, registration encouraged
- Limited parking and transportation for at home pick up



For more information or to register, contact  
the Somerset County Office on Aging & Disability Services at  
**(908) 704-6346** or **OfficeAging@co.somerset.nj.us**